

Budget Worksheet for Internship Away from Home

Program Costs	Amount
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program fee	
housing fee	

Travel Costs (to and from location)	Amount
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flight	
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Move-In-Related Costs	Amount
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bedding	
towels	
toiletries	
extra luggage fee	
other:	
Total	

Move-out-Related Costs	Amount
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shipping items home	
extra luggage fee to bring items home	
other:	
Total	

Resources	Amount
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estimated monthly income	
financial aid	
other financial award:	
other financial award:	
allowance from parents	
other income/savings	
other campus/program scholarships	
Total	

Monthly Expenses	Amount
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cell phone	
insurance	
car payment	
unexpected expenses/emergency	
health care-related	
other:	
other:	
Total	

Weekly Expenses	Amount
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local transportation	
groceries	
other meals (lunches/dinners out)	
entertainment	
laundry	
other:	
other:	
other:	
Total	

Other Miscellaneous Expenses	Amount
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class items (books, etc.)	
car and insurance payment	
parking (if you bring a car)	
gas (if you bring a car)	
extra medical expenses	
entertainment travel (weekend trips, etc.)	
Total	

Budget Summary

Total resources:

Total travel costs to and from site:

Total move-in related costs:

Total move-out related costs:

Total remaining budget for monthly
and weekly expenses: